

GLO


The polyphonic Whale

WWW.PHONICBLOOM.COM



OWNER'S MANUAL

ON

Press  to activate your Glo.
Short press again to move to the next channel.

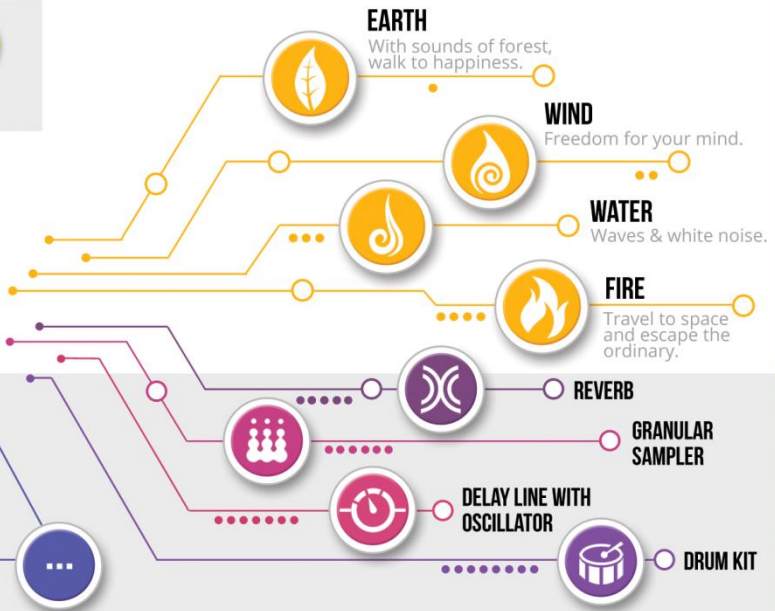
OFF

PRESS  & 

Hold  or 
to adjust volume level



MORE EXPERIMENTAL CHANNELS* 



CHANNELS INSPIRED BY NATURE


SYNTH SOUND ENGINES

BINAURAL BEATS

Your ears receive sounds of different frequencies through the headphones and your brain recognizes and reacts to the difference.

You can access binaural beats from the 4 nature channels.

To activate, hold  for 2 seconds.

Pink light will change to a pulsing light, indicating which binaural beat program is on. To move between programs, hold  for 2 seconds again. Short press to stop binaural beats.

Alpha: 7.5 to 12.5 Hz, good for relaxation

Beta: 12.5 to 30 Hz, helps with concentration

Delta: 0.5 to 4 Hz, helps with dreamless deep sleep

Theta: 4 to 7 Hz, helps to achieve deep meditation and boosts creativity

If you put your Glo on the side, so the headphone connector is facing up, arpeggio will be at maximum, resulting in stronger binaural effect. For more information about binaural programs, visit phonicbloom.com/binaural

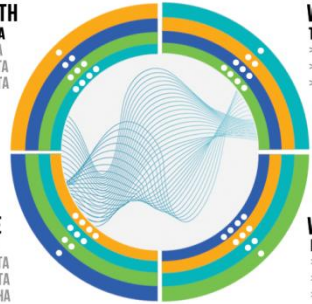
To achieve best results we recommend 15-30 minutes of listening time, in relaxing position with eyes closed. If it's your first time do not use it for more than 30 minutes as it might be quite a workout for your brain.

Each binaural program lights up in a different colour:



EARTH

ALPHA
>BETA
>DELTA
>THETA



WIND

THETA
>ALPHA
>BETA
>DELTA



FIRE



BETA
>DELTA
>THETA
>ALPHA


WATER









DELTA
>THETA
>ALPHA
>BETA



CUSTOMIZE YOUR GLO



You can organize the channel order. To **move your favourite channel to the front**, hold  and  for **5 seconds** while the channel is active. You will hear a melodic beep as a confirmation, and next time you start Glo, that channel will be playing first. You can do this with as many channels as you want, moving another one to the front will shift the following channels up by one.

Change tuning: While meditative channels play, press  to change from 440Hz to 432Hz, press  to change back to 440Hz. Finer tuning options are available in the settings menu.

Settings menu is accessed by holding  and  for **2 seconds**. You will hear one beep confirming that you are in the first option of the settings menu. There are four options — to move to the next one, short press . You will hear two, three and four beeps to indicate which option is selected.

- A) **Equalizer:** Adjust bass  and treble . Pressing a button increases the respective setting by 3dB. The range is from -9dB to +9dB, default at 0dB (cycling through 3 → 6 → 9 → -9 → -6 → -3 → 0 → 3 ...)
- B) **Set Tempo:** Use  and  to increase/decrease tempo by 5BPM. The range is from 10 to 330BPM, default at 120BPM.
- C) **Fine Tuning:** Use  and  to tune up/down by 10 cents. The range is from -200 to +200 cents, default at 0 (base frequency, which is either 440Hz or 432Hz).
- D) **Fixed Effect Levels:** Override delay and arpeggiator that are usually controlled by accelerometer. By pressing  repeatedly, you can browse through various delay lengths, or disable echo completely. Similarly, by pressing  you can set arpeggiator level to 25%, 50%, 75%, 100% and off. This allows you to achieve desired sound without needing to hold Glo at a certain angle.

Reset any of these settings: While an option is selected (A,B,C or D), hold  and  for 2 seconds, you will hear a beep confirming that the option has been reset to default.

Exit the settings menu: As you cycle through these four options, pressing  once again after the fourth one will exit the menu. Also, you can exit the menu any time by holding  for 2 seconds.

These settings are remembered during power-off. To **reset everything** in Glo to factory defaults, including the custom channel order, key in this sequence after powering on: 